



Service Users and Survivors: Doing Our Own Mental Health Research and Training Mental Health Professionals

Suresearch stands for **Service Users in Research and Education**. Most of us use, or have used, mental health services. **Suresearch** also includes carers and other allies who have an interest in mental health research and education. Membership is free and anyone in the Midlands is welcome to join.

Since its formation in 2000, Suresearch has completed a number of mental health research projects. Our members also deliver training in service user and survivor experiences at Universities in the Midlands.

Suresearch is based at Birmingham University, where we hold a general members' meeting each month. We welcome anyone who is interested in what we do, you do not have to be a member to attend. We also hold regular interest group meetings. We have a Mental Health Care Forum concerned with the experience of people in mental health services, a Writers and Readers Group and a Futures Group which looks at the way forward for Suresearch. These meetings are open to anyone who becomes a member.

Our meetings have a structure but are also relaxed and sociable. We encourage participants to express their views, but there is no pressure. Refreshments are available, and reasonable travel expenses are paid.

Contact **Suresearch** at info@suresearch.org.uk

Visit our website: www.suresearch.org.uk for directions and details of meetings

Or write to us at

Suresearch, Park House, 40 Edgbaston Park Road, Edgbaston, Birmingham, B15 2RT