

**MINUTES OF SURESEARCH MEETING WEDNESDAY JAN 6th,
2010 AT CEIMH**

PRESENT: DP(Chair), PR(Mins), SJ, DH,AF, DBP, GO, JJ, JC plus visitors RUTH JACOB and NICOLA STANDEN.

APOLOGIES: AL, AW, LM, PD, TH, AD1, AD2, BN, JS,DB, JS, JG, PO, PG,JQ.

Last meeting's minutes accepted as correct record.

HEART OF ENGLAND HUB: In absence of JS, AF reported that a third conference in the series titled 'Progressing Collaborative Research' will take place at Carr's Lane Church Centre in Birmingham Town Centre on Monday Feb 22nd between 1 till 4pm.

INPATIENT CARE FORUM: At last meeting on 14/12/09 Jo Barber outlined her Dementia Project and how she plans to evaluate the positive effects of a Musical Intervention (playing a violin) on the psychological Well Being of patients suffering with Advanced Dementia. The group were tremendously impressed with the amount of detail and thought that went into establishing testing measures using mainly Behaviour cues but also qualitative comments including self reporting where possible. The project will be videoed. It has the approval of Paul McDonald of BSMHFT and as no costs are involved will proceed unhindered. As she was unable to make today's meeting she will hope to do a presentation next time.

Other issues touched on were a Heritage Lottery Funding application by Maureen Smokjis for her oral history project 'Memories from the Asylum', the BSMHFT's Spirituality Intervention project which Jo is also involved in, Continuity of Care and Preceptorship Workshops on Multi Disciplinary working.

Date of next meeting: Wednesday Jan 27th, 2010 10 till 12 am at CEIMH.

WRITERS GROUP: Meeting of Dec 7th was mainly Poetry orientated with people reading out their work. There was a successful Poetry workshop run by Phil Ruthen attended by 11 people on Dec 10th. Janet Querishi has an e-version of her collection of poetry 'Aspects of Life' out shortly to be followed by a hard back version later in the year on Chipamunk. The group plan to produce a book celebrating SS for its 10th anniversary celebrations.

Date of next meeting: Monday Jan 22nd at 11am followed by a therapeutic writing workshop in the afternoon.

CEIMH DIRECTOR'S REPORT FOR DECEMBER:

This contained details of changes in management arrangements for CEIMH. Tarsem Singh Cooner will be covering some of the Directors duties from Jan till May 2010, followed by Maureen Smokjis from June till October. Ann will be attending SS meetings as a member. Tarsem will be invited to attend the next SS meeting and he and Maureen will continue to provide SS with the CEIMH monthly report. Other items mentioned were further SU&C involvement in 3 year MRC training of psychiatrists in West Midlands, a half day workshop on SU Research to MA Social Work degree students, the completion of a full video of the Dorothy Rowe Conversation session and the final CEIMH evaluation.

WEBWATCH: There have been problems with low attendance at recent meetings. It may be they will return to following the full Suresearch meetings. DBP continues to input onto SS website in spite of server difficulties.

Date of next meeting: Monday Jan 19th 10am-12am.

FUTURE OF SURESEARCH: PR has successfully negotiated £700 funding for the scripting, filming and editing and production of a promotional/celebratory dvd to be completed in time for 10 year Anniversary celebrations in May. It will be used as a proactive tool in drawing in funding as SS seeks to be financially independent of CEIMH. The 10 year celebrations will take place on May 5th following the normal meeting. The Futures group will be heavily involved in its planning as will Writers group with their celebratory book.

Date of next meeting: Friday Jan 8th 10.30 till 12.30.

LIZ MATKA: Apologised for her absence due to illness and hopes to do her presentation next time of her evaluation, carried out in conjunction with Rosemary Littlechild, of SU & Carer Involvement in Bham University's IASS' Social Work Programme over last 5 years which will appear in peer review journal.

RUTH JACOB/NICOLA STANDEN:

Ruth of the University of Warwick returned with a second research idea she is hoping to get funding for and seeks members interest.

She hopes to gain funding from NHS 'Benefit for Patients' monies for research into First Episode Psychosis amongst young people and their attitudes to anti-psychotic medication. Coventry & Warwick Primary Trust, BSMHFT and Leicestershire MHT will be involved in the proposed study. It will seek out views & attitudes of young SUs on their psychosis and the taking or refusing of medication and also their Carers. It will be a qualitative study with semi structured interviews of SUs based on particular themes. Carers will be involved in a Focus group discussion. Ruth seeks input initially on the design of the bid. She can be e-mailed on ruth.jacob@covwarkpt.nhs.uk as can Nicola Standen on Nicola.standen@covwarkpt.nhs.uk . Nicolea explained her own particular interest and involvement as Service User Involvement Co-ordinator in Research Development at the Primary Trust.

AOB:

-There is an exhibition of Survivor Art on 9th floor of Muirhead Tower organised by Dawn River from IASS. There is also a booklet available of last years exhibition price £5.

-Adrian Fisher is looking for two members to be part of an evaluation team at the Mental Health in Higher Education Conference at Lancaster on Tues March 30th/ Wed 31st. Anyone interested should contact him by e-mail on a.fisher@bham.ac.uk or by phone on 0121 414 8170. Names need to be put forward by Feb 1st when two names will be drawn from a hat. All expenses will be covered. At least 3 SS members will be doing presentations at the Conference and Ann Davis is giving one of the keynote speeches.

-SJ pointed out the new Bham Service User Reference Group needs people in regard to inputting into the writing of specifications of contracts and evaluation of service provided in regard to the Bham PCT Mental Health Commissioning body. Group is facilitated by Mike Jeffrey of Bham Mind.

-DP mentioned a free conference at Austin Court on Friday Jan 29th 'Refocusing the CPA/Supporting the Workforce'. To book a free place go to www.lincoln.ac.uk/ccawi/CPAlaunch.

DATE OF NEXT MEETING: Thursday Feb 4th, 2010 at 10.30 am at CEIMH